1989

St. Norbert College Health Brochure 1989

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INTRODUCING ...
THE ST. NORBERT COLLEGE HEALTH CENTER

“A person is well who has actively made choices which will allow for a more successful lifestyle through effective use of his or her mind and body.”
Introduction To The Health Center

The Health Center assists St. Norbert students in two ways. First, the center provides medical assistance for acute and routine needs, including respiratory and digestive illnesses, injuries, and other health concerns affecting the students' well being. Second, the staff provides an educational service by promoting good health with programs such as cardio-pulmonary respiratory (CPR) and first aid training, literature, and health counseling. The center's goal is to maintain a healthy environment.

Serving as a liaison unit, an advisory committee of students and faculty helps the Health Center staff focus on primary student medical needs.

The Health Center

The Health Center is located on the ground floor of Main Hall. There is a reception room with a display of pamphlets, two examination rooms, two restrooms, equipment storage units and an office. Cheerfully decorated, the center reflects the warmth and hospitality so necessary in a health care facility. All equipment is similar to that found in a contemporary clinic. Medication dispensed by the center is limited to throat lozenges, cough syrups and several other over-the-counter-drugs.

The College was the fortunate recipient of generous financial and equipment support from Green Bay area physicians and their families, particularly Mrs. Ralph Lenz. The Health Center is dedicated as a memorial to Dr. Ralph Lenz, St. Norbert's medical consultant and athletic physician for more than 40 years.

Health Center Hours And Location:

Monday -- Friday
8 a.m. - 4:30 p.m.

Main Hall – South Entrance
337-3266

Medical Concept

The Health Center has been very fortunate to have three area physicians serve on campus and offer acute medical care to students. Having physicians on campus has helped to eliminate problems of transportation and missed classes when students otherwise would leave campus for medical appointments.

The College determined that physicians on campus at regular times would best meet student needs, with responsibility for cost of this service placed on those requiring physician's care. Because some students are covered by insurance which pays for physicians and because the College did not wish to increase educational costs for all students, a payment system was initiated. This brochure will make clear that students who use the services of physicians will pay a "per-visit charge".
Physicians - On Campus By Appointment

Our physicians, one of whom is a woman, will be on campus according to the schedule below. Students must arrange appointments through the Health Center nurse.

Tuesday: 3-5 p.m. Dr. Peri Aldrich
Wednesday: 2-4 p.m. Dr. Fred Walbrun
Friday: 11 a.m.-1 p.m. Dr. John Laabs

Peri Lynne Aldrich, M.D. - Graduate, Brown University, College of Medicine, 1977; Certified American Board of Family Practice, 1980.

Fred H. Walbrun, M.D. - Graduate, Georgetown University of Medicine, 1976; Certified American Board of Internal Medicine, 1979.

John E. Laabs, M.D. - Graduate, University of Wisconsin Medical School, 1975; Certified American Board of Family Practice, 1979.

The Nursing Staff

Peggy LeMahieu, Registered Nurse, graduate of Columbia Hospital School of Nursing. Director of Health Center since 1978.

Therese Hathaway, Registered Nurse, graduate of St. Francis Hospital School of Nursing. Staff nurse since 1982.

Doctor/Nurse - Student Relationship:

The College respects and maintains the confidentiality of all medical relationships. Confidentiality between nurse/physician and student is very important and highly valued. Health records are maintained, but the student must give consent to release these records.

Referral Medical Units

The following medical units will accept referrals from the College nurse on a patient priority basis. The student has the right to seek medical assistance of his/her choosing, however, these specific professionals and/or clinics identify for the student and parents the medical units which are happy to work with our students. They will treat either routine or emergency health care needs. Each medical unit will bill students directly.

- Dr. John Gallagher, Jr. Obstetrics & Gynecology
- Dr. C.J. Van Sistine Dentist, De Pere
- *West Side Clinic, SC, Green Bay
- *Dr. Rolf Lulloff
- *Dr. James Hinckley
- *Dr. Michael D. O'Reilly Orthopedic Surgery
- Eye Emporium, De Pere
- Beaumont Clinic, Green Bay
- Eye & Ear Associates, SC, Green Bay
Fee System And Structure

- St. Norbert College supports the Health Center by allocating funds for the nursing staff, equipment and supplies. All students have the right and opportunity to use of the basic health and medical services and equipment at no cost to them.

- Each student has the opportunity, through a referral of the nurse, to see a physician by appointment, either on campus or by referral to a specific medical unit in the area. The cost of medical care is to be borne by the student and/or parents.

- Bills from on-campus physicians or off-campus medical units will be directed to the student. St. Norbert College is not involved in the billing process. Payment for on-campus physician’s bills should be addressed to: Physician’s Inc., c/o Health Center, St. Norbert College, De Pere, WI 54115.

- The College will withhold transcripts or delay the registration process until the medical fees are paid. It is imperative that students assume their responsibility for the medical service they receive.

Educational Materials

The Health Center’s display rack contains free pamphlets, flyers, and brochures which address a wide range of topics relating to health needs. The College library also has books on health and wellness. All materials are aimed at preventing illness and attaining a higher level of well being.

Health Programs On Campus

- First Aid and CPR Courses and Bloodmobile (conducted by Red Cross)
- Great American Smoke Out
- Wellness Seminars and Workshops
- Aerobic Dance and Exercise
- Spring Festival Fun Run
- Nutrition Seminars
- Health Counseling Programs
- Weight Control
- Human Sexuality Seminars

Health Center Services

- Acute medical care
- Allergy shots and medicine storage
- Immunization – educational materials and injections
- Emergency referral coverage at area hospitals
- Laboratory testing (i.e., throat cultures, blood counts, mononucleosis testing, urinalysis)
- Blood pressure screening and monitoring
- Equipment (crutches, heating pads, and cold packs)
- Health assessment and counseling