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# Session 20: Vocation and the St. Norbert Experience

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# Session 20: Vocation and the St. Norbert College Experience

## To Print/Prepare Before This Class Session

- 1. <u>Powerpoint</u> and notes feel free to make a copy and add to the notes section for yourself. Everything you need is found in the powerpoint.
- 2. Copies of <u>3 questions handout</u>, if using.
- 3. Materials for other activities you may choose to do (like Lifemaps, journaling, etc.)

## **Top 3 Content Areas:**

- 1. Discuss and share examples of people in students' lives and in the videos who live with a sense of calling
- 2. Present basics of what we mean by vocation (especially the 3 question approach)
- 3. Offer an opportunity for students to reflect on their own sense of calling and how they approach the 3 questions

#### Person responsible for developing this session: Becky Lahti

- 1. Session Title: Vocation and the St. Norbert College Experience
- 2. Session Date: Thursday, November 16, 2017
- 3. Plenary or Small Group? Small Group
- 4. Learning Outcomes
  - a. Explore personal gifts, community needs, and their intersection in vocation.
- 5. **Other Goals**, if applicable (these are goals not directly connected to student learning e.g. forming group cohesion or identifying which students may be struggling to transition.)
- 6. **Brief Narrative** describing the session (3 5 sentences offering the leaders a general sense of what will take place on this date.)

In this session, students will be invited to consider their lives through the lense of vocation. After drawing upon their own experience and hearing some brief input, videos and discussion/activities will help students explore the ways that their unique sets of gifts and passions intersect with what the SNC community and greater world need. For it is within these intersections that we are able to live authentically and fully.

#### 7. Lesson Outline

These times are approximate and may vary depending on how instructors choose from different options. *All notes and details can be found within the Google Slides presentation.* 

2:00-2:10pm	Intro and discussion around students' own experiences (see slide 2)
2:10-2:20pm	Present content on meaning of vocation and 3-Question Approach
	What are you good at?
	What brings you joy?
	Where does the world need you?
2:20-2:40pm	Videos and discussion
2:40-3:00pm	<ul> <li>Provide an opportunity for students to reflect on how this connects with their own lives (a variety of options and ideas found on the last slide)</li> <li>More discussion</li> </ul>

- Life Maps
- Journaling
- 3 Question Worksheet
- 8. **Materials Needed** (handouts, markers, any materials needed for experiential elements, etc.)
  - a. Powerpoint, video, any worksheets or materials you need for the final part
- 9. **Background Information** for facilitators, if applicable (short readings, links to relevant websites, videos, etc.)

If interested, here are two great reads about the importance of vocation exploration in higher education:

Excerpt from - Cunningham, David S., editor. *Vocation Across the Academy: A New Vocabulary for Higher Education*. Oxford University Press, 2017: 1-14.

<u>Clydesdale, Tim. "Holy Grit! The Effects of Purpose Exploration Programming on</u> <u>Undergraduate Engagement and Life Trajectories." *Liberal Education*, 2014.</u>