

5-11-2020

SNC Fights COVID-19 Pandemic

Follow this and additional works at: <https://digitalcommons.snc.edu/snctimes>



Part of the [Christian Denominations and Sects Commons](#), [Christianity Commons](#), [Creative Writing Commons](#), [Digital Humanities Commons](#), [English Language and Literature Commons](#), [History Commons](#), [Journalism Studies Commons](#), [Music Commons](#), [Other Arts and Humanities Commons](#), [Photography Commons](#), [Reading and Language Commons](#), [Religious Thought, Theology and Philosophy of Religion Commons](#), [Technical and Professional Writing Commons](#), and the [Television Commons](#)

Recommended Citation

(2020) "SNC Fights COVID-19 Pandemic," *St. Norbert Times*: Vol. 91 : Iss. 10 , Article 1.

Available at: <https://digitalcommons.snc.edu/snctimes/vol91/iss10/1>

This Full Issue is brought to you for free and open access by the English at Digital Commons @ St. Norbert College. It has been accepted for inclusion in St. Norbert Times by an authorized editor of Digital Commons @ St. Norbert College. For more information, please contact sarah.titus@snc.edu.

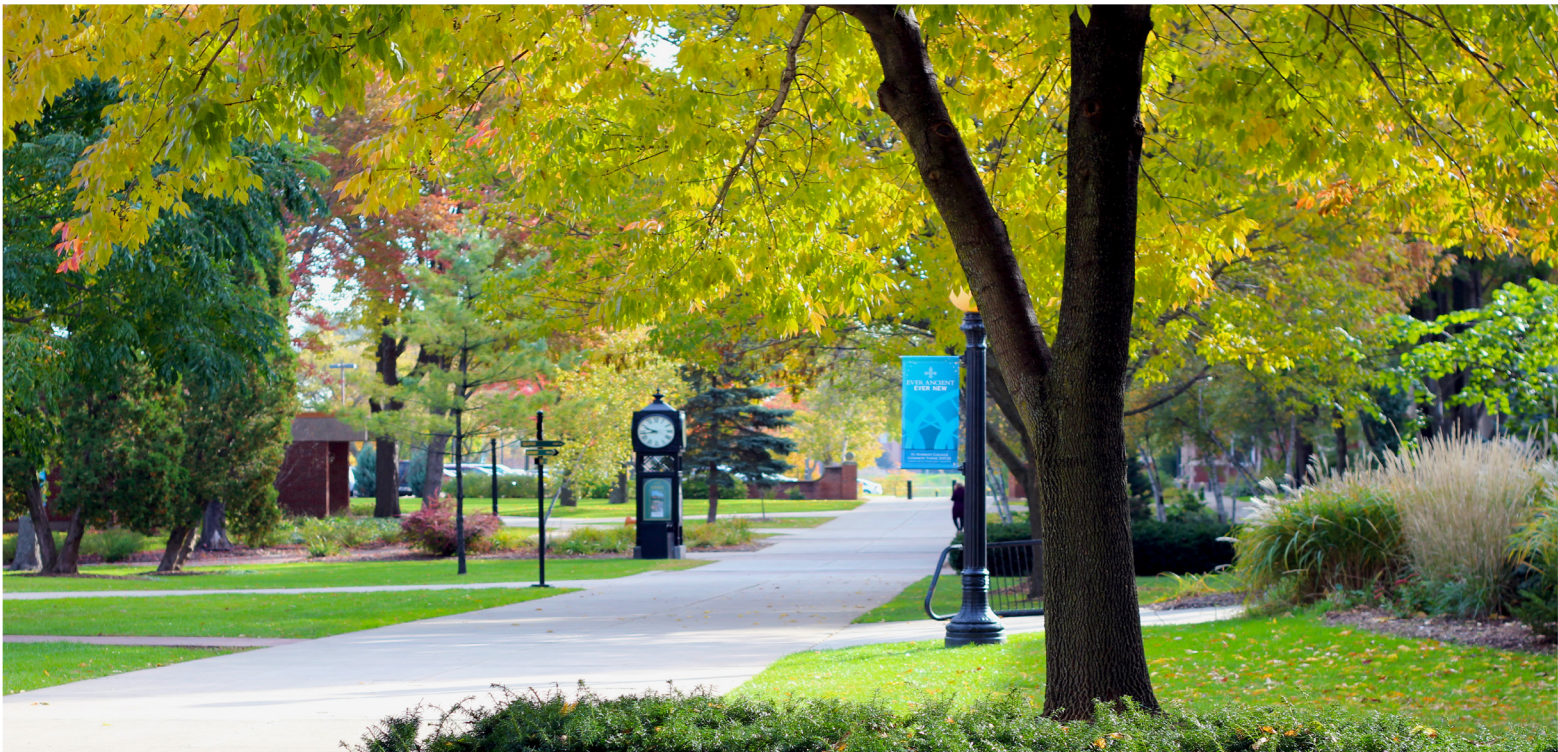


INDEX:
NEWS: Athletes React to Abrupt Season End SEE PAGE 3 >
OPINION: The Podomoro Technique SEE PAGE 5 >
FEATURES: SNC Students Adopt Animals SEE PAGE 9 >
ENTERTAINMENT: “Parks and Rec” COVID-19 Episode SEE PAGE 13 >
SPORTS: Netflix Sports Series to Binge SEE PAGE 14 >

“May we who are merely inconvenienced Remember those who lives are at stake. May we who have no risk factors Remember those most vulnerable. May we who have the luxury of working from home Remember those who must choose between preserving their health or making their rent. May we who have the flexibility to care for our children when their schools close Remember those who have no options. May we who have to cancel our trips Remember those that have no safe place to go ... May we who settle in for a quarantine at home Remember those who have no home. As fear grips our country, let us choose love. ... Let us yet find ways to be the loving embrace of God to our neighbours. Amen.”
-Cameron Bellm

SNC Fights COVID-19 Pandemic

ERIKA DITZMAN AND KYRA KRONBERG | NEWS CORRESPONDENTS



St. Norbert College | Kyra Kronberg

Study Abroad Returns

The SNC community received their first email on Friday, Feb. 28 regarding the COVID-19 virus. The lives of eight students in Italy were quickly upheaved, removed from the country for the sake of their safety. Spain students were advised to return shortly after.

“One morning I woke up to an email from SNC saying that the Italy students were coming home due to the virus,” said Megan Leisgang ’21, a student studying in Toledo, Spain.

“I was a little freaked out but didn’t want to think too much about it, so I moved on with enjoying my study abroad. But things started to really escalate late february and early March. SNC gave us a decision to leave early or try to tough out the program until Spain would reach a level two.”

Travel restrictions and safety are rated on a scale of 1-4, one being mild, four meaning students needed to be pulled out. The SNC students in Spain received an email that gave them

the option to stay once the country was under a category two, but also stated that if they didn’t leave soon, they’d need to later. Sure enough, the situation escalated, and like students in Italy, they returned home.

“It happened so fast, in a matter of a few hours I had a plane ticket and only had a few hours to pack and sleep,” stated Leisgang. “The next thing you know I am saying goodbye to my host family and getting on a plane to Chicago. I didn’t want to come home. It was so heartbreaking and study-

ing abroad has always been my biggest dream and now it was being cut short.”

Leisgang left early when Spain was at a level one, however the travel advisory was put at a level three the day after she got back.

The rest of the study abroad students were told to come home by Monday, March 30, as apart of the Wednesday, March 11 email announcing classes were online. Olivia Biskob-

SEE **STUDENT EXPERIENCE** Page 3 >

Dining Services Donates Meals

GRAEME GALLAGHER | CO-EDITOR-IN-CHIEF

Although the St. Norbert campus has closed for the remainder of the semester, dining services staff and employees continue to be hard at work to serve those at the college and in the surrounding community.

While in the midst of the pandemic, dining services have been providing an option for carry-out meals for students and staff that remain on campus. Following the recent executive order guidelines, the meals are first pre-ordered by residents, prepared by dining services and then handed out at the marketplace.

“So basically, students

have the option to pre-order a meal and then the staff gets it all packed up for them behind the scenes, then puts a beverage and a salad all together, and then the students come to a pick it up,” said Melissa DaPra, director of Dining Services. “So we have a carryout only service available at the marketplace, which is totally different from what everyone has experienced historically.”

In addition to providing regular meals for those on campus, DaPra and the dining team have begun utilizing their resources to help local communities. With

such a large commercial kitchen at Ruth’s, Dining Services has already begun recipes and foods that would not be able to last until students came back in the fall. With that in mind, the team has begun to branch out to local communities to donate some of the food, such as last week when the team began making 30 lunches and 100 dinners for the NEW Community Shelter in Green Bay.

“We have a very large commercial kitchen here and we have all of these recipes that we have kind of forward started earlier in the semester that is still

great quality food, but it’s not going to hold in the freezer very well and maintain quality until the fall when the students come back,” explained DaPra. “So we’ve been slowly using that inventory to make some meals for community partners.”

However, the amount that dining services can continue to prep and donate will depend on the total food they receive and the policies in place during the pandemic. As businesses and companies continue to shut down, dining services have been in contact with their primary food vendor,

Sysco. While the company has begun to reduce services and close warehouses due to the virus, the leftover food in those places needs an outlet, such as DaPra and dining services, to be of use to people. Recently, after being in contact with Sysco, dining services received around 500 cases of produce, which is around 4000 to 5000 pounds of food.

This massive influx of produce will go towards community partners and

SEE **DINING SERVICES DONATES** Page 2 >



Editors in Chief:
Graeme Gallagher
Erika Ditzman

Leadership Team:
Graeme Gallagher
Erika Ditzman
Emma Sipiora
Heidi Swanson
Madelyn Glosny
Anna Vanseveren
Jared Gartzke
Kenneth Costa
Alyssa Brugger

Copy Editing:
Anna Vanseveren
Leah Hennick
Adrew Schaut
Hannah Robinson
Kyra Vinz
Mercedes Danforth
Hernandez
Sarah Schepp

Photography:
Kenneth Costa
Marybeth Koss

News Team:
Madelyn Glosny
Leah Hennick
Kaitlin Foley
Janelle Knick

Social Media and Distribution Team:
Alyssa Brugger

Features Team:
Emma Sipiora
Anna Denucci
Joscelynn McKillips

Advisor:
John Pennington

Opinion Team:
Jared Gartzke
Aldo Gonzales
Emily Buellesbach

Entertainment Team:
Rebecca Jacques
Heidi Swanson
Anna Vanseveren

Sports Team:
Graeme

MISSION STATEMENT

The St. Norbert Times strives to be an informative student-run newspaper that acts as a balanced and accurate source of news about St. Norbert College, as well as the world around it. In the spirit of the Norbertine tradition and the First Amendment to the United States Constitution, the Times will encourage and defend the principles of free inquiry, vigorous debate and the pursuit of truth.

In the spirit of the Norbertine tradition, we embrace the following credo:

“Almighty Father, the scriptures inform us that: ‘THE TRUTH WILL SET YOU FREE!’

Free from compromising principles

Free from being self-serving

Free from suspicion

Free from prejudice

Free from intolerance

Free from fear of retaliation

Free to be courageous and bold

Free to be honest and forthright.”

“Bless those who speak, promote and value the truth. Bless those who have made and continue to make the St. Norbert Times a vehicle for honesty, truthful and courageous information, who make it a beacon for the enlightened progress of St. Norbert College, protecting it from half-truths and misinformation. Help the staff know that they are called and chosen to be that voice crying in the wilderness, especially for the students whom they enlighten and inform, helping them to take up the banner of truth courageously and openly for their welfare and to help St. Norbert College be the shining beacon it is called and destined to be.”

Rev. Rowland De Peaux, O.Praem.
St. Norbert Times Banquet
April 30, 2008

CONTACT US

St. Norbert Times
SORR Box 29
100 Grant Street
De Pere, WI 54115
times@snc.edu

> DINING SERVICES
DONATES Page 1

also will be used to create assorted boxes of food for students and staff to pick up and use for cooking while they stay on campus.

“We’re trying to find ways to help our campus community and then also the community at large because we have the staff that’s here and able to take that raw product and transform it into something more recipe-based to feed hungry people,” said DaPra. “When our immediate mission kind of goes away, this is really the next best thing that we can do.”

While DaPra and dining services are actively seeking to donate more food, the different guidelines held in place due to the virus cause complications in the process

“It’s interesting because each kind of community resource has different rules right now,” said DaPra. “For instance, we used to give leftover pans of food



Dining Services | www.performainc.com

to the Freedom House and they’re not accepting any prepared food right now. But, they will accept a case of salad greens and cucumbers that we can give them and that they can prepare themselves. Other people want hot meals that are prepared and individually wrapped for their clients. So, with all the new rules of the game in place, it’s been very complicated to get everyone what they need in a way that they can use it effectively.”

However, these types of complications are not out of the ordinary for the dining services staff. In such a strange time, DaPra and the team have had to deal with new challenges daily and have had to adjust each time for the benefit of the campus community and the community as a whole.

“The best way I can describe this is like an episode of Survivor every day,” added DaPra. “We are given the new challenge and then we have to go out

and figure out how to make it work and every day is a surprise. Every day we are just trying to find new ways to continue to support our community folks and other folks in the community.”

Going from doing 2500 meals a day while student on campus to only doing 130 meals is a small fracture of what the St. Norbert dining capacity is. However, in these unprecedented times, the team is working hard every day to use their resources to help those in need.

“Our mission is to provide radical hospitality and because our current student population isn’t here, we had to figure out how we still fulfill our mission knowing that we have good work that we can do and a ready and willing and able staff to do it,” concluded DaPra. “Every day we have been piecing together more and more things that we can do to take care of folks in this time of need because this is a brand new world for all of us”

A Night of Hope

ALANA BORMAN | NEWS CORRESPONDENT

The third annual Hope Dinner, presented by our own Colleges Against Cancer organization, took place on Saturday, March 7 from 5-9 p.m. CAC holds this formal event every year in order to gather for a night of raising funds to support cancer research and funds for the organization to buy supplies and gifts for those battling cancer.

Colleges Against Cancer was formed in 2004. It is a collaboration of students, faculty and staff who are dedicated to increasing awareness of cancer and supporting cancer patients, survivors, caregivers and their families. Their goals include bringing the SNC community together to learn about cancer, fundraising for local and national cancer awareness and research initiatives, and ensure that the community has the support it needs relating to cancer. They recently began the Hope Dinner as their organization has grown and they see a greater need for cancer research. The Hope Dinner provides another

opportunity for the organization to raise money in a more formal event than their previous event last fall, Run for Lungs. The event celebrates those who have battled cancer, remembers loved ones, and takes action to finish the fight against cancer. The event includes a dinner, silent auction, and multiple speakers throughout the evening who discuss how cancer has affected their lives.

Like their event last semester, Run for Lungs, this event was a huge success. Over 50 people attended and there were over 30 donors who gave money or supplied prizes for raffletitems, including gift certificates, paintings and various items from local businesses in our area.

Each person who attended received a formal dinner and a chance to bid on the raffle items. Half of the proceeds were donated to the American Cancer Society, in hopes of finding the cure for cancer. The other half of the money raised

will be utilized within the Colleges Against Cancer organization to fund their outreach and service projects, which include making blankets, handmade cards, gift basket and other support items for cancer patients of all ages

Everyone also had a chance to hear from three speakers, Molly Freye ’22, Jenny Kislow and Mallory Fritsch ’23. Molly, the vice president of CAC, shared how cancer has affected her and her family, specifically with her uncle. Mallory, a CAC member, and cancer survivor shared her story about what she went through during her battle. She has been a great help this year to the CAC organization as she led a momentous funding project that included making ribbons signifying different types of cancer, many students can be seen around campus with one of her keychains on their backpacks. Jenny was invited back from CAC’s Run for Lungs event and she spoke about her husband, who

passed away from lung cancer eight years ago, and what she has done since then. She is currently an advocate and volunteer for the American Lung Association and emphasized throughout her speech thatness good and hope has come ever since her husband’s passing. She explained she sees hope in the future with organizations like CAC pushing the next generation to find a cure. Although their stories were different, they all shared the same sentiment: Cancer can try to control your life, but you don’t have to let it happen. The current president, Anna Giblin ’21, also spoke at the dinner expressing her gratitude to those who continue to make cancer research a priority. She explained that the Hope Dinner is about hope,

“Hope for a better future where cancer is nonexistent, where we don’t have to face all that can-

SEE A NIGHT OF
HOPE Page 4 >

> **SNC FIGHTS COVID-19** Page 1

ing ’20 was studying in Dublin, Ireland when she found out her semester abroad was cut short. This all came at the same time U.S. president Donald Trump placed restrictions on travel from Europe.

“When I heard this I was bummed, but I called my parents and told them,” Biskobing explained. “We were working on figuring out tickets home for later in March when we got the news that Trump was shutting the border for European travelers. Luckily that didn’t include Ireland. Then SNC called my parents and told them to get me home ASAP. That was at 2am my time. I went into panic mode and started doing laundry just in case I’d have to leave soon.”

With the sudden travel changes, plane tickets skyrocketed in price. Some tickets back to the United States were as high as a couple thousand.

“I tried to get on the phone with Aer Lingus, but was on hold for hours so I wasn’t able to switch my tickets that night,” Biskobing added. “I was up until 5 a.m. trying to call, then I woke up at 9 a.m. the next day and continued to call. My dad tried calling from the US and was also on hold then hung up on. It was a nightmare trying to get tickets rearranged. The next morning I was out of

minutes on my phone so I went to my advisor’s office and used the phones there to continue to try and call Aer Lingus. By Thursday I had found tickets home for Monday.”

After booking her ticket, Trump announced he was closing travel from Ireland starting Monday, meaning Biskobing had to move her ticket to Sunday. Once at the airport, she went through security and American customs, who asked if she had been out of the country.

“Once I boarded the plane, the pilot made the choice to wait for those still in customs instead of leaving without them,” Biskobing said. “We ended up sitting on the tarmac for 4.5 hours. We left without the 50 people we were waiting for. My entire flight was Americans and it was mostly empty. I had no one next to me so I got to stretch out.”

After getting back, Biskobing, like many study abroad students, was asked to quarantine for 14 days.

SNC Transitions Online

On Wednesday, March 11, the SNC community received an email advising them that due to the COVID-19 pandemic, classes would be taught online until Monday, April 13, which later extended to the full semester.

“While all of this can be a bit scary because it’s a situation that seems to be

changing every day, we are all continuing to learn from one another and that is what has made it exciting - life long learning,” commented Krissy Lukens, director of Academic Technology Information Technology Services. “However, one of the biggest challenges we still face is how to best meet the needs of all students, especially those with poor internet access. The positive that might result from this is a heightened awareness and sensitivity to issues around the digital divide.”

ITS has offered a variety of services to students and staff including a virtual version of the Back-to-School Classroom support, knowledge base articles at <https://servicedesk.snc.edu/> and workshops over Spring Break on Moodle, Google Meet, and Lecture Capture and Universal Design.

Students have responded with a variety of emotions, many uncertain with how exactly their online education will proceed.

“As a computer science major, I can essentially work from anywhere with the internet,” Noah Doperalski ’21 explained. “Sure I’d like to have human contact when learning new concepts and theories but that plainly isn’t feasible right now. In regards to the arts, I’m finding it more difficult. Since music is a large portion of my schooling now, not being able to see my professors and rehearse in person is going to

be awkward but I do have a few gadgets at home to assist with the transition.”

Professors have been, and continue to be in contact with their students about the challenges going forward.

“The challenges are many, the biggest being the labs,” said David Hunnicut, professor of biology. “For immunology we collected data instead of lecture during our last week when it started looking like we’d be going to distance learning so we can do data analysis for the next week or two. I’ll be providing some data for the micro labs, but the lack of hands on time with the equipment is going to be a problem. Other challenges include: questions of web access for rural students, how to handle exams, keeping everyone in a community while physically separated and learning a dozen new digital platforms at once while teaching classes, tracking the outbreak and keeping a family together. But we’ll figure it out. That’s what we do.”

Students and Faculty aren’t the only ones going online. While staff intended to remain on campus, as the COVID-19 situation progressed, the college decided to have staff work from home beginning Wednesday, March 18. Though off campus, offices like Career and Professional Development quickly worked to find ways to still be able

to connect with students. The office is still taking appointments scheduled through handshake, but are held over phone or video chat instead of in person.

Residents Abandon Campus

On Thursday, March 19 student housing informed students via email that they would need to move out “as soon as possible.” Given a mere two weeks, with two-hour time slots, students have struggled to meet their quota.

“The COVID-19 situation was unpredictable and moved faster than I think a lot of us initially anticipated,” commented Hailey Barron ’20. “Because of this, housing had to make quick, difficult decisions with the health and safety of SNC’s community. Overall, I always felt safe and up to date - it was clear the college cared about students’ well-being, and that was the most important thing to me and my family.”

Others have been more critical of St. Norbert College’s response.

“There could be more of a notice other than a week and a half period,” complained Doperalski. “I know some people who are quite far who can’t necessarily make it.”

Move-out hours were only available from 8 a.m. to 8 p.m. for residents from Friday, March 20, through Tuesday, March 31.

Athletes React to Abrupt Season End

GRAEME GALLAGHER | CO-EDITOR-IN-CHIEF

On Thursday, March 12, NCAA decided to cancel all remaining athletic winter and future spring championships due to the rising COVID-19 pandemic.

While many saw this announcement as the large cancellation of events like March Madness, St. Norbert senior athletes, such as Carley Frauenhoff ’20 and Michael Larsen ’20, came to realize that they would be unable to compete in their final year.

“There were definitely a lot of tears shed knowing that I was not going to be able to play my senior sea-

son and last year of sports,” said Frauenhoff, a third baseman with a double major in business and economics.

“You never know when the last time you put that uniform on, or the last bus ride with your teammates, or your last at-bat could be,” said Larsen, an outfielder with a finance major.

At the time of NCAA’s decision, both the baseball and softball teams were set to make their annual trip to Florida to open the season two days later. Expectedly,

SEE ATHLETES RE-ACT Page 4 >

Mulva Family Fitness and Sports Center | giving.snc.edu



SNC’s New Hire: Title IX Coordinator

MADELYN GLOSNY | NEWS EDITOR

St. Norbert College faculty, staff and students will welcome new Title IX and Compliance Coordinator, Sarah Olejniczak, to the campus community on Wednesday, July 1.

In an earlier St. Norbert College press release, Olejniczak stated, “I look forward to engaging with students, faculty, staff and the greater De Pere/Green Bay community in addressing issues of inequity with a collaborative, evidence-based approach.”

As Title IX and Compliance Coordinator, Olejnic-

zak’s duties include, but are not limited to, daily management of responsibilities related to gender-based misconduct, gender equality in athletics and Section 504 Disabilities Compliance. Olejniczak will have a hand in overseeing and assessing gender equity broadly across campus. She will also play a key role in ensuring this fairness among every organization, including but not limited to athletic teams and groups on campus. The goal for whoever holds this position is to provide leadership in

developing and supporting a culture of respect and fostering an inclusive learning, living and work environment.

Olejniczak acquired her bachelor of arts in business management from Luther. She earned her master’s of education in educational policy and leadership, college student personnel administration from Marquette University in Milwaukee. She is pursuing her Ph.D. in educational policy and leadership from Marquette, with a dissertation focusing on trauma

exposure for resident assistants.

Currently, Olejniczak holds a similar role at Mount Mary University in Milwaukee, Wis. There, she oversees the university’s engagement, support, Title IX compliance and success offerings for all students. Previously at Mount Mary, Olejniczak served as the dean for student affairs and parent engagement. She will bring an extensive knowledge and a fresh perspective to St. Norbert’s campus.

“We are delighted to

have Sarah joining the St. Norbert College community,” commented St. Norbert President Brian Bruess in an earlier news release “She brings excellent experience, deep knowledge about student learning and Title IX, and genuine joy and passion for our Catholic, Norbertine and liberal arts mission.”

Olejniczak succeeds previous interim Title IX and Compliance Coordinator, Amanda Kim, who received and accepted a position at DePauw University.

> A NIGHT OF HOPE Page 2

cerbrings to our lives. Time is taken away from many early; therefore, be sure to be thankful for this day and embrace all you have been given.” She encourages other students to join CAC and fight to end cancer.

The night ended with the presentation of the Hope Award, which is given to one member of CAC for their outstanding service to the organization throughout the year. This year’s award went to Hailey Sanders ’23, as she worked tirelessly to get donations for the Hope Dinner and continued to be

a role model in the organization

The night was an overall success and CAC can’t wait to plan more events in the future to help raise more money. If you are interested in joining CAC or if you would like to donate to their cause, contact Anna Giblin for information.



Hope | snccac.wixsite.com/snccac/hope-dinner

> ATHLETES RE-ACT Page 3

the tournaments were canceled and three days later St. Norbert officially canceled all athletic activities for the rest of the year.

“When our season was suspended, I wasn’t surprised but it was still disheartening and saddening at the same time,” said softball pitcher Emma Molenhouse ’20. “By the time the suspension was in place, the NCAA canceled the spring tournaments. Even though SNC and the MWC hadn’t released any official word, it was evident that we wouldn’t be playing this year.”

“We were trying to stay optimistic about at least playing conference games after the FL spring trip was canceled, but after that was shut down we all were hurting,” said Larsen.

Similarly, for track and field athletes such as Mad-die Lebrun ’20, the season was about to pick up with indoor national qualifiers in North Carolina until the news hit them.

“Our national qualifiers had already flown down to North Carolina to compete that weekend,” explained

Lebrun, a sprinter on the team. “We were sitting in the hotel the night before we were supposed to run and then we got an email that everything was canceled. It was weird to have to wake up to realize I had nothing to train for, no competitions to look forward to, my goals and intentions for the season made obsolete overnight.”

While their seasons take place in the spring, all teams have been practicing and bonding throughout the year in order to prepare. For Lebrun, who spent the fall pre-season with an injury, the new season was a chance for her to strive for more records and reach new highs. However, due to the rapid escalation and immediate suspension of the season was hard to grasp and tough to deal with on both an individual and team level.

“I think most athletes can agree that leaving your sport is something like abandoning a piece of your identity,” said Lebrun. “We’ve put in so many hours, days, years of our lives to do this one thing really well, and now a lot of our work feels done in vain. It’s hard to think about

leaving our teams and our fellow seniors without any real goodbyes,”

“It’s devastating to have something you love ripped away,” said Molenhouse. “I completely understand the precautions, but softball had such a large impact on my life and shaped me into the leader and person I am today. I will miss the sport but I will mostly miss my teammates. When you have a team that is this close, it’s hard to accept the fact I won’t be seeing them every day anymore.”

“I believe this team would have achieved a lot and had a very successful year, which makes it even more hard that the season was taken from us, especially our hard-working senior group,” explained Larsen.

While the sudden news was heartbreaking for all athletes involved, it was also a wake-up call to not take seasons for granted especially for younger athletes. For softball catcher Alyssa Sikora ’21 and baseball center fielder Lucas Reynolds ’21, every future inning will be precious.

“Even with the season being canceled, I have one year left and I want to make

the most of it,” said Sikora. “We saw this year how quickly softball could be taken away from us, and I realized how much I took it for granted. I for sure will appreciate every practice, lift, and game a lot more next year.”

“Even with the season canceled, the bulk of our team will be back next year so yes, I am very excited for the future,” said Reynolds.

In the meantime before that next season, these athletes are continuing to train and work while at home. Some are completing scheduled workouts from the team and others are just doing what they can at home to stay in shape.

“I have still been running workouts almost every day,” said Lebrun. “I learned a lot of good habits and skills during my time in track, and I’m not about to lose them so quickly. I’ve also already been looking at new running opportunities and hope to take on a half-marathon in the fall. That’s pretty far for a sprinter, but bring it on.”

While younger athletes are gearing up for next year’s season, some seniors are pondering the oppor-

tunity to come back to St. Norbert for a fifth year as they still have eligibility without this season.

However, many are preparing to enter into the next unknowing chapter of their life. For some, this may continue with sports. Yet, for others, their times of competition reached an unexpected halt this season. But, they will never forget the memories, friendships and moments that stepping onto the field or track gave them.

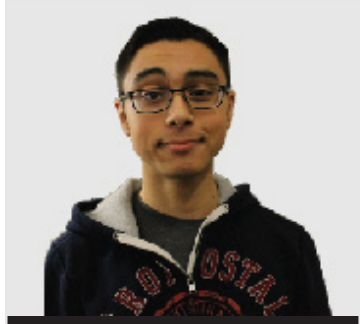
“Being able to forget what was going on for a couple hours and just being with the team was priceless,” said Frauenhoff. “It is sad that we never got to show it on the field, but this team will always be special. Who knows, maybe I’ll be back for a fifth year to get my MBA. Who knows?”

“There could be a possibility of a fifth year so we are still preparing for the future,” said Larsen. “As for the near future, I will start my full-time job and still play in a summer league in hopes for another college season.”

MEET OUR OPINION COLUMNISTS:



Jared Gartzke '21 is an Economics major from Freedom, Wis.



Aldo Gonzalez '22 is a Computer Science and Communications double major with a minor in Theology from Green Bay, Wis.



Emily Buellesbach '22 is a Communications and Media Studies major from McHenry, Ill.

Through the Eyes of a Knight

EMILY BUELLESBACH | OPINION COLUMNIST

Suddenly having to move out of St. Norbert, leaving our friends without saying goodbye, eating our last potato bowl without knowing it, and missing school events that we thought we would be enjoying. It all happened and it sucks. It's dreadful doing our classes online without being in the learning environment we're used to. It's an adjustment that nobody likes nor wants, but it happened and it is still happening. The coronavirus was not even in St. Norbert's vocabulary until three days before spring break. Before break on March eighth the athletics were at special olympics, sharing pizza, and sitting together in the stands for the guest speaker. Now we are all home away from our second home, St. Norbert College.

Being home for me is an adjustment. Not being able to eat with my friends, socialize on the weekends, say "I am coming over" and them being only minutes away from me. Doing my school work with friends at the library or in my dorm and now having to sit in my room at home and find the motivation to finish out the semester strong, has been hard. There's a lot that I miss and though I have two more years at SNC, I still feel like pages have been ripped out of my col-



Team Spirit | Emily Buellesbach

lege chapter. Being away from my second home in De Pere has allowed me to realize how much it means to me.

I miss the atmosphere. I miss walking to my classes and seeing the squirrels run all over the grass. I miss being able to interact in the classroom with my professors. I miss the avocado toast from Eds that I had just discovered this semester. I miss the poutine and potato bowl at the cafe. I miss making plans with my friends for the weekends. I miss my Burke dorm and the sleepless nights I got due to homework. I miss

being excited for Spring Formal and passdown for CChams. I miss getting my yoo-hoo chocolate milk delivered to the campus center every week and them being so confused why it weighed so much. I miss the freedom of being able to do whatever I wanted. I miss seeing my friends everyday.

I don't think any of us realized how much we could miss SNC. I'm sure this is the feeling seniors get when they graduate, but for the rest of us who are juniors, sophomores or freshmen, we are getting this feeling early. We may

have known that we like SNC otherwise why would we choose to go here, but with this pandemic bringing us home early, I think we can all agree that we love this place more than we ever knew.

I asked some of my friends who are fellow knights what they miss or have realized since being away and here is what some of them said: Anika Mazier who is a freshman here at SNC says, "I miss seeing my friends and having the independence SNC gives me." Lydia Andersen who is a sophomore at SNC says, "I miss being able to see my friends and professors. I also miss working out at the Mulva gym." Lexi McCrillis, a freshman, says, "I miss the cafe food, especially the pesto linguine, and my friends." Lastly, Alex who is a freshman says, "I miss the whole college experience and dance team."

All of us knights miss our home and can't wait to be back. I think it will be a whole new vibe when we get back onto our campus. I believe we're all so much more appreciative, excited, motivated and thankful for this second home called St. Norbert College. I can't wait to be back on campus and I know all of us Knights can agree that SNC is where the best memories are made.

The Podomoro Technique

ALDO GONZALEZ | OPINION COLUMNIST

With classes going online, some of them have become more individualized. That means that instead of having class at a dedicated time, like before, we now learn the material any time we are able. The result is a week full of largely-open days. With all of that unstructured time, it has been difficult to stay motivated.

Luckily, I found great use in "The Podomoro Technique," which is a common time management technique. All I do is set a timer for 25 minutes, work on any given task until the

timer goes off, and then take a 5-minute break. Part of why I could not keep a steady stream of work going was because I'd get distracted and lose sight of time. Now, my distractions have a time limit. Overall, this means the technique fosters a focused 25-minute work time because I know a break will come up eventually. If I just sat there for hours without a break, my motivation would dwindle, and my homework would seem like it would never end. I remember one day when I was tired, but I had

hours of reading to do. I would have fallen asleep for sure if it weren't for the breaks I took.

The limitation is that this technique does not magically improve my general habits, so I know it can only do as much as it is meant for. If I start my day distracted on less essential activities, the timer will be of no help. The struggle is creating a work environment early on and starting that timer so that its potential can be maximized.

Once that's done, however, I can crank out sev-

eral hours of work while remaining motivated. That has allowed me to spread my work throughout the day and saved me from doing homework late into the nights.



The Unanswerable Question

DAYNA ERICKSON | OPINION COLUMNIST

There is a tremendous amount, infinite one may argue, of questions that simply do not have an answer. The whys and what ifs usually fall into this category. However, to me at least, there is only one truly, unequivocally unanswerable question. What happens after death? Nobody knows. Well the only people who do know are...dead. This is where faith and spirituality come in. Some say that faith was created to answer these questions, but I think these questions are a result of having faith. That means that because of faith we can answer this question, right? That depends on how strongly you believe; even so, still the strongest of believers do not know for sure what the afterlife consists of, or even if it exists at all.

One day, we will die. It's as simple as that. As mundane as it may seem, this

statement weighs heavy in the hearts of many, including myself. I think there is an extremely emotional, spiritual, physical and mental struggle when it comes to accepting this fact, and some never do. Some even struggle so much that answering this question consumes their life. It is all they think about, talk about, and read about. But what is the point of fearing death so much that it takes away living your life? Therefore, it is important to put these fears in perspective as death is eventually something we will all have to go through. For those of us who do have faith, there is something even better waiting on the other side. I was talking to a priest about this and he said that another way to think about death is to relate it to birth, which I thought was weird because death is the exact opposite of

birth. His analogy was that when a person is brought into this world he or she goes from a place of comfort to the unknown that is our world. Same goes for death. When one dies they go from the familiarity of their life on Earth to a better one in heaven. I thought that was a reassuring way to think about something that many people fear. But, now and then, it is good to be reminded that we are not immortal because then we can do our best not to waste it. This mindset can help us live our life out happy-which I think is the main goal. Realizing that life is so precious and short helps take out the pettiness of grudges, ridiculousness of fights and uselessness of pessimism. It is not until one realizes this that they can start to really live.



Do We Need All of This?

JARED GARTZKE | OPINION EDITOR

Since leaving campus I have experienced both the worst and best parts of my life. Beginning with the week of spring break I spent almost a week on the only vacation I have ever been on. One of my best friends and I went on a road trip to Colorado which in itself is deserving of an entire article. I came back from Colorado on a Thursday to a suddenly changing world. I think a lot of people can find comfort in the idea of not leaving their home but I approached the idea with horrified anxiety. The plan I used to approach quarantine was to just wait it out. I figured that I have drudged myself through enough things in my life that I could just wait it out and resume my life afterward. After a week I realized my plan sucked. The whole week was spent laying in my bed with only enough motivation to get out of my room once a day to eat dinner. By the end of the week I had given up on my initial plan and had created enough motivation to get out of my bed to help

a few of my friends move out of their apartment. After a week of nothingness even helping my friends move was comparatively exciting. Unfortunately in a freak accident I injured my back in quite a bad way during the move. Even more unfortunately my family and I aren't financially fortunate enough to have health insurance right now. Because of this my treatment for the most constant and intense pain I have ever had in my life was laying in bed wondering whether it was better to just paralyze myself or become addicted to painkillers. Once I could finally get out of bed and walk I felt I was ready to do something. Which to me is a strange feeling. I have had weird issues with depression for a while but they have been hard to service without insurance. So it is a rare case to feel motivation to do something. For a few days I tried to funnel that motivation into school work I had been putting off but while the motivational drive was still there school had never felt more point-

less, and that is coming from someone who took a nap after I was finished with the english portion of my ACT. So instead of academics I started to delve back into art. I haven't committed much of myself to art since highschool. For a few years in highschool I was very dedicated to art but eventually relationships, work and never having time for anything got in the way. Getting back into art was probably the only good decision I have made since coming home from school. After being driven for years to do things by school, expectations, societal pressures and random authority figures the decision to do art was driven by a total lack of meaning in everything I did. So, for weeks I have been walking around in my basement switching from painting to sketching to writing to the newest art form I have been trying out, stand up comedy. Even though for weeks I have been doing less school work than I should be and I no longer have any employment, I have never felt more

worthwhile in my life.

A few days ago all of what I have been experiencing over the last month or so had come to fruition. Thursday morning I woke up bright and early and started my morning by drinking coffee and eating a bowl of cereal while I waited for my useless laptop to boot itself up. I decided the night before I would spend the whole day studying for a test that was due by Friday night. After studying for a few hours my three best friends asked if they could visit me. Two of them were under the influence of psychedelics and wanted to see me during their trip. I reluctantly told them they could come over. I didn't want any interruptions but them wanting to visit felt like a nice sentiment so I decided to allow it. After a brief discussion about my studies and our new book club they said they were going to head out and walk around town. Realizing how exhausted I was from studying all morning I asked if I could go with them. They said of course

and the start of the best day I have had in years began. After about forty minutes of walking we ended up near a forest we used to adventure around in middle school. We decided to walk around on some of the trails in the forest and after going off the trails we found an island we would inhabit in our middle school days called Kiokikirikatunga. We tipped a fallen tree over part of the creek and maneuvered our makeshift bridge and instantly felt a shot of nostalgia. After hours of collecting sticks and logs we had made a fort large enough for all of us to sit in it and a little fire to accompany us. After our endeavor in the woods we stopped by a dollar store to buy some pizzas and went back to a friends house. For the rest of the night we sat around in his garage eating pizza, drinking beer, smoking, singing and talking about our philosophies, religions and most of all

SEE **DO WE NEED ALL OF THIS?** Page 7 >

> **DO WE NEED ALL OF THIS?** Page 6

we talked about how amazing our day was. I did not expect to enjoy that day

as much as I did but I feel like I should have. That day was filled with the people I enjoy most in the world working together to create something that even though

it is practically useless it was ours and by the time we were done with it we were proud of it. The last few weeks and especially that day helped me to real-

ize that maybe life isn't that hard. Maybe it is just the case that a lot of life we can just forget. From someone who has spent too much of his life wasting it being sad

and following other people's orders, sometimes just forget about all that and do what makes you happy.

Successful Business during a Pandemic

KAITLIN FOLEY | NEWS CORRESPONDENT

Despite the unemployment and financial struggles facing America due to the COVID-19 pandemic, some businesses are actually facing higher profits and sales than ever before. With a society facing a variety of issues and new obstacles to navigate, certain businesses are adapting to the new climate to adjust to the new needs and demands of society. With the majority of the American workforce stuck at home, everyone is figuring out how to celebrate, shop and keep busy amidst what many are now calling the "new normal".

Consumerism is a key attribute of American society, with shopping as a favored pastime of many. With stores and mall shut-down, many are turning to online options to shop. There has been a massive increase in online ordering on platforms across the board. Delivery services such as UPS and FedEx have been working 24/7 in order to process and deliver orders from Amazon and hundreds of other retailers. Traditional brick-and-mortar retailers may not be doing the best, but online platforms have taken up a successful position. It's interesting how for years we have seen large department stores such as Sears lose revenue to advancing online services and other factors, but it seems the COVID-19 outbreak might finalize the shift in the economy from relying on these traditional stores to virtual alternatives.

Food delivery services such as UberEats, Grubhub and DoorDash are also facing more orders than ever before. Some of these companies have even partnered with stores such as Walgreens to deliver items from stores as well as from local restaurant establishments. These delivery services are gathering more profit than ever, facing a period of



**UBER
EATS**



growth opposed to previous quarters. Along with this, many pizza establishments are doing decent business. With countless individuals at home and in search of a quick meal that they don't have to make themselves, many are opting for pizza delivery. These types of businesses have taken on the challenge of having a successful business, even with the new challenges they are faced with.

With social distancing in full effect, everyone is attempting to figure out the best way to celebrate life milestones. People have been purchasing hundreds of yard signs to celebrate birthdays, teacher appreciation week, recognize 2020 graduates, highlight members of sports teams or

amazon

FedEx



even just cheering up their family members. Local yard sign printer businesses are facing high demand for their products. The same goes for balloon companies, as many are purchasing them to be visible at a distance for celebration purposes. Celebration, recognition and appreciation has not come to halt, with businesses like these adapting their services to best supply the public and make various life milestones special and memorable.

Hours of free time at home comes hand-in-hand with boredom. Many people are attempting to figure out any way to stay occupied and busy. As stay-at-home measures remain in place, puzzles, board games and card games

seem to be the go-to option for many. With more family time, many people are resorting to classic forms of entertainment to keep busy. Online board game and puzzle sellers have seen a significant increase in the amount of traffic to their websites. Streaming services and mobile gaming apps are also gaining more revenue while people attempt to stay entertained. Games and entertainment of all shapes and sizes are attracting more and more people as the general public attempt to stay distracted and sane.

More free time and nicer weather also means people are looking for activities to get outdoors. There has been an increase in bike purchases, with tons

of Americans seeking ways to stay active and get out of the house.

Many of the industries listed above did not previously heavily rely on face-to-face contact in order for their business to operate successfully. Countless businesses are trying to find new ways to adapt, even if they are not exactly applicable to the altered needs of the country. Custom Ink, an online t-shirt business typically used for organization or large events, have introduced face masks to their store. This is an example of a business that is changing course in an attempt to stay on top of the shifting economy. Countless distilleries are now making hand sanitizer. Gyms and yoga studios are now offering video classes. Hundreds of businesses are morphing in order to accommodate commerce in the changed society that we now reside in.

The resilience and adaptability of these industries to alter their services to address the needs of the general public demonstrates the tenacity of these businesses. I think it's pretty amazing how all these companies are rerouting and changing course, and some are even facing growth. The success that some are having in the midst of this whirlwind of disappointment and bad news just goes to show that prosperity is just around the corner. Even a global pandemic cannot take away the relentless pursuit of opportunity, even though we now live in a world that is permanently altered. Not even the seemingly imploding nature of society can stop the human spirit from prevailing; it is all about making the best with what you are given and working towards something better. It is about relentlessly pursuing hope.



Absence and Essence

ANNA DENUCCI | FEATURES EDITOR

St. Norbert College: The place I chose to spend four formative years of my life to grow, learn, progress and evolve into the woman I have become today. The place where I uncovered my true passions and found my calling. The place that sometimes felt more like a home than the one I had grown up in, meeting life-long friends along the way.

I learned at this college in my first theology class about absence and how we sometimes do not realize what has always been in front of us until it is gone. I have found this experience to be true in this crazy time of sickness and chaos. I was rushed from a place without fully understanding its worth and how instrumental it had been in molding me as a person. Of course, my college experience definitely had its rough times with heartbreak, difficult classes with even harder exams, juggling mental health in times of loss, and larger-scale issues that have been unveiled on campus in the past few years. Yet, this four-year journey, even through the dark days when I thought about transferring, or simply quitting and going home to my place of comfort, were ones that helped mold me just as effectively, if not more so, than the beautiful times of my experience on campus.



Roomates! | Maddie LeBrun

I think most St. Norbert students would agree, especially those who have stuck it out to become upperclassmen, that any of the trials we may have faced are made up for with the people we have met and the positive memories we have made. The physical space of St. Norbert will always hold those memories because it was in those buildings, on that lawn, sitting on those docks that the best of times were spent with the St. Norbert community each of us makes within this campus. The buildings,

docks, lawns, trees and every other physical space of campus are simply places that only become special when people occupy them.

Leaving those spaces that contained so much life, memories and relationships has been hard for all of us, student, faculty or staff, to take. As I sit here contemplating the five weeks since my last time on campus to move out my things, it is difficult reminiscing while knowing that I did not get to utilize the place that is St. Norbert College one last time. One last dance party

in our townhouse, one last late-night run to Phil's, even having one more class in the temperamental Boyle Hall are now absent from the stockpile of memories I should have had at St. Norbert College. All of these lasts happened, but no one knew they were moments that should be cherished because we thought it was just the middle of the semester. No one realized that the last time they shared a space with their friends, professors, administrators or staff that it would be the last spark of community

they would feel within the physical space of campus. A campus now devoid of students and professionals has become simply buildings, lawns, and docks. Do the squirrels even know how to function without us? More importantly, do we know how to function without them?

It is through these absences of last memories and physical campus spaces that I have found a more profound presence and understanding of what St. Norbert is. It was the people I spent four years with that challenged me, supported me, accepted me and, most importantly, formed me. It was through the people that shared similar values and ideas that I found my passions for service, social justice and meaningful experiences. It was the people that made me feel more love and comfort than I could have ever thought possible outside of my own family. The place, a beautiful campus with interwoven sidewalks and redbrick buildings, is one I will never forget, but it is the people whom I have met there that I will cherish forever. It was never the physical space of campus, but rather the people that created the memories and experiences with me who are, in essence, St. Norbert College.

Adventures from Home

CRYSTAL SCHUSTER | FEATURES COLUMNIST

Amidst the coronavirus with many uncertainties and cancellations, we may find ourselves confused and feeling helpless at times. However, there are many online resources giving advice for how to stay mentally and physically healthy at this time, which will help combat some of those hopeless feelings as we protect our communities.

Med Star Health and The Detroit News shared some tips on how to stay active despite the circumstances. During this time, it may be difficult to engage

in our normal activities or fitness routines, Med Star Health states that being active in any form for at least 30-60 minutes can provide an avenue for stress relief and improve overall mental health.

In regards to fitness motivation, these websites suggested taking advantage of online workouts and exercise videos, whether through Youtube, fitness apps or athletic trainers and programs. All of these are great resources and will have something for everyone's at-home workout

quest. Of course, there is always yard work or other small tasks that can help you get up and moving to break up the day as well.

With gyms and fitness centers closed, it can be helpful to exercise using your own body weight with a circuit-type program. As Med Star Health points out, this can be an effective way to maintain strength and aerobic health in a short period of time. These body weight exercises could include anything from burpees, mountain climbers and squats to lunges, push-

ups and planks. Yoga is also a great example of body weight exercise.

Courtney Kueppers of The Detroit News had some great insight into how to stay active through dancing. It might be kind of silly to think of having a dance party by yourself but you can make it fun by throwing your own virtual dance party on video chat or even play JustDance. Kueppers says even something as simple as turning on "some tunes and hav[ing] a living room dance party" to burn some calories, can some-

times be just as beneficial as other exercises.

These other exercises such as biking, swimming, running and walking are also great ways to get outdoors. Even better, if you have a pet, these are perfect opportunities for you and your furry best friend to enjoy the fresh air.

In addition to staying physically healthy, it is especially important dur-

SEE ADVENTURES
FROM HOME Page 9 >

> ADVENTURES
FROM HOME Page 8

ing this time to take care of your mental health. The Counseling and Psychological Services office is still offering support through the school. Appointments and information can be found on St. Norbert College’s main webpage. In addition to these resources, there are several things you can do at home to prioritize your mental health and take a little extra time for some self-care.

Time Magazine writer Jamie Ducharme writes about a variety of ways to access and promote self-care. In part of the article referencing how stress and anxiety affect sleep, Ducharme mentions apps “such as Headspace and Talkspace give resources for virtual mindfulness training and therapy.”

Ducharme also references Jamie Gold, a wellness design consultant, who reminds us to moderate how much news you take in as over-exposure can create a lot of anxiety. Making sure the information you get comes in short spurts from reliable sources like the CDC website, state and lo-

cal health departments, and information from hospitals around your community will help with stress levels and feelings of being overwhelmed.

Dr. Jennifer Lee, also quoted in the Time article, says that “balancing quiet time with responsible social interactions,” such as video chatting with friends, is a great way to combat loneliness and, in turn, physical and mental health issues. Setting aside time for these meaningful interactions will keep you connected to a support network and help with your daily schedule.

Another article from UVAToday by Jane Kelly explains even more ways to combat compounded mental health issues caused by social distancing. Claudia W. Allen, a licensed clinical psychologist and director of behavioral science in the Department of Family Medicine at the University of Virginia gave her thoughts and suggestions within the article that could help with mental issues and stress at this time. Things as simple as getting dressed and sticking to a daily routine will help keep a sense of normalcy, even if you are not going anywhere.

Allen also suggested

being intentional with the extra time you have to learn one or two new skills or hobbies will help you set an end goal and have something to strive for, even if it is only for a few hours a day. Perhaps something such as journaling or taking time to reflect on your emotions and how you’re feeling during this time may improve your mood.

Searching for suggestions or ideas on fun activities to do with all your free time? Look no further! BuzzFeed recently came out with an article listing fun indoor activities while Ready Nutrition gave another list of preparation ideas. Here are some highlighted tips, crafts and ideas that could be great reminders of things you have always been wanting to do and now may have time to complete them:

- Organize the house or take this time to go through old things to donate or get rid of
- Write a book or start a daily journal
- Watch documentaries or movies
- Learn how to cook or discover new recipes
- Meditate or pray (some religious denominations have Mass tele-

- vised or devotional prayers to be a part of)
- Make a bucket list
- Play board games, legos or cards
- Start DIY projects
- Have a spa day and take this time for some much needed relaxation!
- Plan your next trip or vacation
- Learn a new language
- Find a new hobby (such as knitting, origami, or photography)
- Take a nap and use this time to catch up on some beauty rest
- Read a book (or look at digital books from your local library)
- Start a book club with your friends over Zoom or some other virtual hangout platform
- Play an instrument/learn a new one
- Do a puzzle
- Gardening
- Check out some of the world’s most famous museums through a virtual tour
- Start craft projects such as scrapbooking, drawing or painting
- Make a new playlist to listen to
- Set up a photo session at home. Pull out a bunch of different outfits and take photos

using a bed sheet as a backdrop, playing with lamps for lighting. You might get an Instagram-worthy picture out of it!

- Reacquaint yourself with some good old-fashioned letter writing and send a friend or family member a note to let them know you’re thinking about them

Lastly, take this time to remember what’s important in your life. Use this time to make necessary changes in order to realign yourself with your future goals and aspirations. Maybe change your perspective and outlook on life to discover more about yourself and those you love. Most importantly, remember to look inward and learn what your body and mental health needs, whether that be an extremely productive day or one where you just need to relax until the stress has subsided. Although everything may feel overwhelming at times, it is important to remember that what we do have control over is our attitude when faced with uncertainty. This time of isolation is temporary and the hugs we will be able to give each other after will be all the more rewarding because of it.

SNC Students Adopts Animals

KAITLIN FOLEY | NEWS CORRESPONDENT

Institutions, businesses, and organizations have all been scrambling to take the necessary precautions against the COVID-19 outbreak here in Wisconsin. In the midst of all the chaos and uncertainty, the Wisconsin Humane Society had over 250 animals and no idea how they would be taken care of over the course of the next few weeks. This overwhelming need was matched by immense care and generosity across the entire state, even by two SNC students stepping up to help.

The need for adoptees was higher than ever; the animals still needed to be taken care of despite the decreasing amount of available staff and volunteers. In addition to this, countless locations had to be shut down completely across the state, limiting further

the number of animals that could be tended to. On Sunday, March 15, the Wisconsin Humane Society sent out a desperate call for help on social media, asking for any available volunteers to adopt or foster in order to help relieve the pressure that was put on the organization.

Erika Ditzman ‘21 saw the post on Facebook and instantly desired to help.

“My kitty’s name is Mozzarella, which is just perfect because I’m allergic to cheese,” said Ditzman. “She’s a ‘hidden treasure’ which means she’s a little more timid than most animals available for adoptions, due to being part of an animal hoarding situation. I know she will, over time, come out of her shell and learn to love again.”

Marcus Williams, another SNC student, also

stepped up to help address the need during this time of crisis.

“I knew Harold was the one because right away he came up to me and snuggled on my lap like we had known each other forever,” said Williams. “He is adjusting very well and acts as if he’s lived here his entire life. This is his castle. I’m just living in it.”

Adopting an animal is no easy task, especially at the last minute; however, these SNC students did not think twice about opening their homes to these little friends who had nowhere else to go.

On Friday, March 20, a mere five days after the Humane Society’s initial post, 159 animals were adopted and 160 animals were fostered. Over these few days, these 319 animals were sleeping in new homes

rather than kennels. The organization did not have a single animal available. The Wisconsin Humane Society was extremely grateful for the overwhelming response that they received.

“We celebrate this tremendous bright spot during an exceedingly difficult time,” they shared over Facebook. “We send all our love virtually”.

This is just one example of how despite the tumultuous times, people are stepping up to care for those who cannot care for themselves. The quick and generous response of individuals like Ditzman and Williams help demonstrate that love is not cancelled--it is times like these when it matters the most.

Mozzarella | Erika Ditzman



Student Spotlight

Miranda Nelsen '20

INTERVIEW CONDUCTED BY HEIDI SWANSON | ENTERTAINMENT EDITOR

1. What is your major/minor?
Sociology human services

2. Why did you choose SNC?
I chose St.Norbert College because of the beautiful campus and the wonderful people I had met while touring. I liked how the campus size was smaller and felt more like a tight knit community than most universities that made you feel like just a number.

3. What was your favorite part of your college experience?
My favorite part of my college experience were all the amazing moments I had with my best friends. They are what made St. Norbert for me. They gave me a family, support and many many fun adventures. It wouldn't have been the same without them.

4. What have you missed from your senior year because of the coronavirus?
I miss being able to see all the wonderful people that make up St. Norbert's community. I miss the connection that runs through college like a web. I miss the spontaneous ways that school has when everyone is together. I especially am very saddened that I will never have that again, and it ended so abruptly without any closure.

5. How have your classes changed because of the pandemic? Have your professors done a good job with communication?
Classes have become incredibly easier. I think that everyone was unsure of how students and professors were going to be able to handle online school, so they took away some work. I have more free time which has allowed more focus on my work and time to study more. This I have enjoyed. I think that about 50% of my professors are doing a fantastic job at communicating, and the other half are still figuring it out. It's a very uncertain and strange time for everyone, which is very difficult to navigate. I appreciate all of the hard work our professors have been putting in for us, thank you!

6. How is the new normal treating you?
The new normal is less stressful for sure! It has become almost boring at times. It feels like a waiting game that everyone is playing, without any end in sight.. so basically the game of Risk.

7. If your job gave you a surprise three day paid break to rest and recuperate, what would you do with those three days?
I would reread the Percy Jackson and the Olympian series!

Word Search

PLAGUE

R E B I H L P P L A G U E D L E O O S X M M B I
I R O D Q A S D X O T T G D X C V F P N D Y T S
X V S V P Y B G Y S W O T L F T K H K P O P X D
H W E V Y P N E U M O N I C P L A G U E X A Z C
E A N F I W K G Y B G K Q Q M Q A X A Z Y R S R
B U I R L O C I N E H P M A R O L H C K C E U Y
I F L N A S A J D I R D F G Y V T L R S Y H S T
B B C D E A D L Y S F F B E C Q M U B V C T L W
Z Y Y E D O M F J R E K D N W T C Q U C L O H F
C Y C S Q G Q C S O Z L E T T M Y A B F I N O M
J L A A E P B X J A T M W A Q E K W O G N O P M
R L R E P I H H I B J I P M H G U F N J E M M A
D F T S C I E H Y D H N N I P Z O M I K C T D N
M H E I J H X D V M X H M C W U L B C L Q F W B
G S T D Q I M U V M T Q I I N S C O P P U J S O
L N I C Y M O T P E R T S N B F E A L M A M Q M
X Q K W J X L G U Q C C I N I T L G A W T Q X B
J N O O Z C J X M G M Y F X V B A U G C Y I X C
V R K T T H H G N I H G U O C F P O U H D Z C O
O S O Q I G O K T V Q B F X V W V N E O W O P K
F C W O Z H O D W A L D E M A R H A F F K I N E
W N K Y Q H S P X T H L F P E T I H L J Z S X L
A U S I G B S N E E Z I N G B Q W A N E P T N K
Q E U G A L P C I M E C I T P E S Z V R Y K H P

- | | | | |
|----------------|------------------|-------------------|-------------|
| bubonic plague | chloramphenicol | coughing | deadly |
| disease | doxycycline | gentamicin | monotherapy |
| plague | pneumonic plague | septicemic plague | sneezing |
| streptomycin | tetracycline | waldemar haffkine | |

Did You Know???

COVID-19 Myths: BUSTED!

The virus will die off when temperatures rise in the spring

Only older adults and young people are at risk

Children cannot get COVID-19

COVID-19 is just like the flu

Everyone with COVID-19 dies

Cats and dogs spread coronavirus

Face masks always protect against coronavirus

Hand dryers kill coronavirus

You can protect yourself by gargling bleach

You can catch coronavirus from urine and feces

(medicalnewstoday.com)

How Disney Hurts the Film Industry

HEIDI SWANSON | ENTERTAINMENT EDITOR

In 2019, the top six movies at the box office are all Disney films. Seven of the top ten are Disney films, with one of the non-Disney films being “Spiderman: Homecoming.” The company is predicted to make 81.4 billion dollars in 2020, an 86.6 billion in 2021 (this prediction of course comes before the coronavirus and its effects at the box office).

This wasn’t always the case: its market share trended low in the early 2000s, with only 10 percent of the market share in 2008. But then, Disney bought its true cash cow in 2009: Marvel Studios. Since then, Marvel has produced eight billion dollar movies.

Disney has also bought out other studios, like Lucasfilm in 2012, providing them the rights to Star Wars and Indiana Jones. The new Star Wars sequel trilogy made 4.5 billion at the box office. In 2019, Disney absorbed 21st Century Fox, which gives them the rights to Avatar, Deadpool, Fantastic Four, Ice Age, Kingsman, Independence Day, X-Men, and more.

Because Disney has this amount of control over so many studios, it is highly

likely that within the next few years most of all money made from ticket sales will go to Disney. Monopolies are not good for any market, and yet more and more industries are controlled by one company. Disney’s monopoly on the box office hurts independent movies, threatens movie theaters and decreases diversity. In order for movies to be distributed to theaters, they have to be expected to

make money. But with Disney’s monopoly, independent movies are not the guarantee that Disney films are. Movie theaters, like independent films, are struggling to stay in business, so they have to rely on Disney blockbusters. Independent films, then, are relegated to small venues, and so not as many people see these movies, and so a truly groundbreaking film could go unnoticed by audiences. Fur-

thermore, because movie theaters rely on these guarantees, Disney can bully them more; when Star Wars: The Last Jedi was first released, Disney gave the theaters “a set of top-secret terms that numerous theater owners say are the most onerous they have ever seen,” including demanding them to “65% of ticket revenue from the film, a new high for a Hollywood studio” and “show the movie in their larg-

est auditorium for at least four weeks.” In order to stay afloat, movie theaters have to agree to these “onerous” terms.

Because Disney has few competition, they don’t have to make as many films. In the 1990s, they averaged 24 films per year. Now, they average 12. But this decrease in quantity has not meant an increase in quality. And it’s precisely because they do not have competition. They approve formulaic plots that they know are going to make money, and are not encouraged to take risks. These formulaic plots do not include any diversity, because they want to appease as many viewers as possible, and they think to do that, they should not include an array of different people from different cultures and experiences. We should recognize Disney for what it is: a conglomerate. It is a business that wants to make money, and more and more it seems, this company does not care about its audience. They just care about the money.

My challenge for everyone reading is after the quarantine is lifted, see three movies per year at the theaters that are not connected to Disney.

Best Non-Disney Animated Movies

HEIDI SWANSON | ENTERTAINMENT EDITOR

Though Disney has built its empire on animated movies, there have been some iconic animated movies not produced by Disney. Here is my definitive list of best non-Disney movies, in no particular order.

“Land Before Time”: I have to put this one. I’m pretty sure I watched this movie every day when I was five; I know I watched every sequel (and there are 13 additional movies). This movie follows Littlefoot, a long neck dinosaur, as he tries to find Great Valley, a place where he can find others of his kind, after his mother dies protecting him from a sharptooth. Along the way, he meets an array of friends that help him through his loneliness. Every time I watch the scene where his mother dies, I cry. It is one of the most emotionally moving scenes that I have watched.

“Shrek”: I mean, duh.

If you ask anyone what their top five favorite animated movies are, one of the answers is probably going to be “Shrek.” With a star-studded cast, with Michael Myers as Shrek, Eddie Murphy as Donkey and Cameron Diaz as Fiona, this movie is incredibly hilarious but also sends a good message of acceptance and confidence. I love the wide array of scenery—from Shrek’s swamp to Farquar’s castle to Fiona’s prison, the different locations have such variations and provide good world-building. The soundtrack, of course, is amazing. I’ve yet to see any more scene quite so powerful as the one with the “Bad Reputation” song, where Shrek fights the knights at Farquar’s tournament. The movie is still as entertaining now as it was when I was seven; there are some jokes meant for adults, like the “wipe

your... face” line and Shrek’s remark that Lord Farquar might be compensating for something because of the size of his castle. Also, the last scene where Shrek and Fiona kiss and Fiona transforms into an ogre and asks, “But I don’t understand...I’m supposed to be beautiful” and Shrek replies, “But you ARE beautiful.” *chef’s kiss* incredible. Talented. Amazing. Unparalleled. It also deconstructs every fairy tale. Needless to say, “Shrek” is one of the most complex and intriguing animated movies, and will continue to be watched by kids and adults alike.

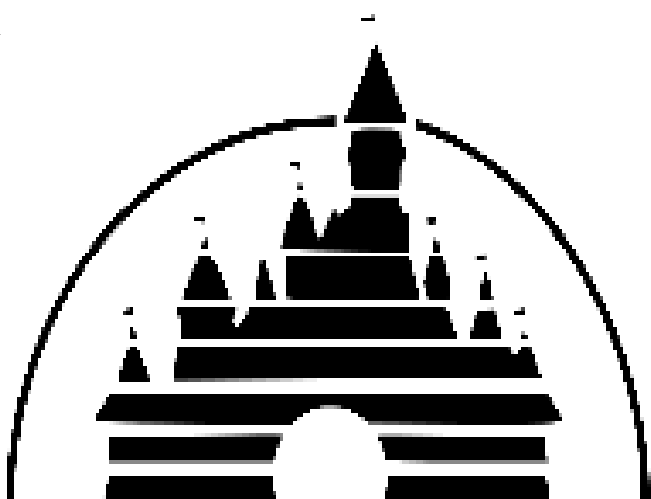
“Spirit: Stallion of the Cimarron”: I remember watching this movie as a kid and just wanting to be in this movie and lose myself in the brilliant landscape and freedom. It follows a horse named Spirit, who journeys across the Wild West. Even

when he is captured by a Lakota man, he stays wild and free. The movie features a brilliant soundtrack by Hans Zimmer, and the animation truly captures a sort of yearning freedom to be wild across an untamed frontier. I think this movie inspired a fascination with horses for a lot of little kids.

“How to Train Your Dragon”: This movie has everything: completely outrageous twins, a small village full of absolutely gigantic men and women except for one skinny boy (Hiccup), dragons—and, more importantly, a strong bond between a misfit boy and a misfit dragon. I love the worldbuilding in this movie; the animation is spectacular, from the foggy mists of the island, to the hundreds of different dragons, to the range of characters. This movie sparks imagination in its viewers, mostly because of the

breathtaking animation.

“The Road to El Dorado”: Like “Shrek,” “The Road to El Dorado” features some very raunchy scenes that only make sense when you’re older. Where this movie really shines, though, is through the relationship between Tulio and Miguel. They are hilarious together, in part because both of them are incredibly clever but also incredibly stupid. They basically stumble their way through their lives, which is the best kind of character in my opinion; they are swindlers, always looking for easy ways to get money, who happen upon a map with directions to the fabled city. The movie is fun and light, a good reprieve from the humdrum of everyday life.



Walt Disney Logo | 1000logos.net

Five Book Recommendations For Quarantine

ANNA VANSEVEREN | ENTERTAINMENT COLUMNIST

Hello from quarantine! I hope this article finds you in good health and good spir- its, but if not, I have some book recommendations that might help you feel better, even if just for a little bit. **1. “Radio Silence” by Alice Oseman:**

This book features a bira- cial, bisexual protagonist who is a study machine and be- lieves her future lies in acada- mia, until she meets the cre- ator of a science fiction drama podcast. Her friendship with him helps her learn that she should embrace her passion for art. “Radio Silence” has some of the best platonic love I have ever read, and it is the perfect book to read when you are drowning in stress.

If you have ever struggled with mental health issues or are struggling now, this is a perfect book for you; if you are a fan of “Welcome to Night Vale,” this is a perfect book for you; if you are looking for a book with great LGBTQ representation, this is a per- fect book for you; if you have ever been part of a fandom, this is a perfect book for you.

Favorite quote: “I wonder - if nobody is lis- tening to my voice, am I making any sound at all?” Goodreads rating: 4.2/5 **2. “Obscura” by Joe Hart:**

This one is for all you sci-fi fans out there. In the near future, Dr. Gillian Ryan is on the cutting edge of re- search of an aggressive new form of dementia, one that affects both young and old. After losing her husband to the disease, she is given the opportunity to expand her re- search in space and study a crew that has similar symp- toms to this mysterious dis- ease. Gillian’s journey turns into a nightmare as unexplain- able and violent events cause her to lose her grip on reality.

“Obscura” is constantly moving, constantly finding new ways to surprise readers around every corner. Fans of “Interstellar,” “Shutter Is- land” or “Dark Matter” will absolutely love this one. Equal parts sci-fi, mystery, and hor- ror, “Obscura” is a must read.

Favorite quote: “Time was an alien thing in the red light of Mars. Something belong- ing to work and school sched- ules, bedtimes, and alarms.”

Goodreads rating: 4/5 **3. “Big Magic: Creative Liv- ing Beyond Fear” by Eliza- beth Gilbert:**

This book is a practical and inspiring breath of fresh air when you feel that you are in a creative rut. Gilbert offers insights into the mysterious nature of inspiration, asking

readers to embrace their cu- riosity and let go of what’s holding them back. She ex- plains what we have to do to live our most creative lives while being as realistic as possible. It’s basically a big pep talk, something I feel that many of us need right now.

No matter what creative ventures you are interested in, Gilbert’s no BS attitude will be eye-opening and have you ask- ing, “What am I waiting for?”

Favorite quote: “But to yell at your creativity, saying, ‘You must earn money for me!’ is sort of like yelling at a cat; it has no idea what you’re talking about, and all you’re doing is scaring it away, be- cause you’re making really loud noises and your face looks weird when you do that.”

Goodreads rating: 3.9/5 **4. “Circe” by Madeline Miller:**

From the author of my fa- vorite book of all time (“The Song of Achilles”) comes another absolute masterpiece. In “Circe,” Miller tells the story of the daughter of Helios, god of the sun. This daugh- ter, Circe, is not powerful like her father or alluring like her mother. She realizes, howev- er, that she possesses the pow- er of witchcraft. Threatened, Zeus banishes her to a deserted island where she crosses paths

with some of the most famous figures in mythology: the Mi- notaur, Icarus, Medea and Od- ysseus. A woman who stands alone, Circe draws the wrath of both men and gods and has to use all her strength to figure out where she belongs.

Circe is a force. I mean, she turns the men who take advantage of her into actual pigs. She is brave, smart and strong, and Madeline Miller has such a beautiful way of bringing her to life. If you want to be transported to a completely different world, I highly recommend this book.

Favorite quote: “Hum- bling women seems to be a pastime of poets. As if there can be no story un- less we crawl and weep.”

Goodreads rating: 4.3/5 **5. “The Arsonist” by Steph- anie Oaks:**

This book follows the story of three completely dif- ferent people whose lives become intertwined through time. The first of this illustri- ous bunch is Molly. Her fa- ther is a convicted murderer, and her mother is dead. De- spite all the evidence that suggests otherwise, Molly

doesn’t believe either. Next is Pepper. He is a Kuwaiti immigrant with epilepsy and the most useless seizure dog to ever exist. He has to write a series of essays over the summer or fail out of school. Finally, Ava is an East Ger- man resistance fighter whose murder led to the destruction of the Berlin Wall. Molly gets a package that leads her to Pepper, and they both set out to try and solve Ava’s mur- der that happened in 1989, using her diary for clues. Pepper and Molly quickly realize that there is more to Ava’s life than meets the eye.

I cannot say too much about this book without spoiling the big plot twist, but it is incredible. The way Oakes connects these three characters’ storylines is bril- liant and makes the twist that much more intense and shocking. If you’re a his- tory buff, this one is for you.

Favorite quote: “You want to know how to navigate life? Don’t live and die by the be- liefs you had when you were young.”

Goodreads rating: 3.9/5

The Future of the Film Industry

ERIKA DITZMAN | CO-EDITOR-IN-CHIEF

The film industry, like many other industries, has taken a tremendous hit dur- ing the course of the CO- VID-19 virus. Since social distancing guidelines have been put in place, cinemas have closed, a 17 billion dollar fall in revenue. Hol- lywood movie production has slid to a halt, pushing back the release dates of movies such as No Time to Die, and changing the very way that film is created. Take romance for instance. How does one include the steamy passion we crave when there is a killer virus on the loose, transmitted between people less than six feet apart? Air hug any- one?

In response to the de- lays, the 93rd Oscars have modified their rules, be- coming more inclusive in what they judge. For this year only, changes include the combination of sound mixing and sound editing awards into one category,

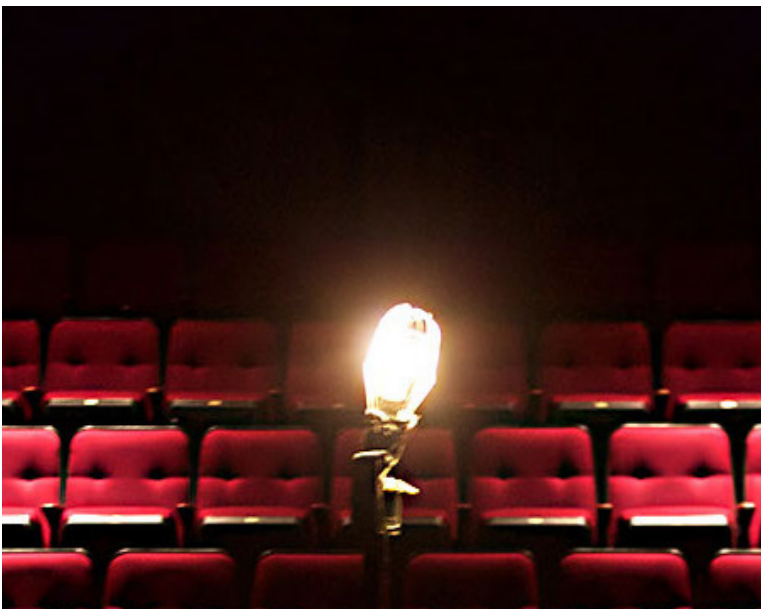
and the inclusion of stream- ing videos as those eligible to receive an award.

While restrictions hold tight, one television show has gotten creative, so as to adapt to the difficult condi- tions. “All Rise” on CBS aired on Monday, May 4, 2020, live via remote programs such as Face- Time, WebEx and Zoom. This episode reveals how the justice system contin- ues on in Los Angeles and

how each of the characters handle the strain of social distancing required during COVID-19.

Adding 15.77 million new members globally, Netflix clearly soars amidst the pandemic. While their original content is no lon- ger being produced, Netf- lix has a leg up on Hulu or Amazon Prime due to their immense catalog. Check out “New on Netflix” for the newest releases.

Ghost Light | newyorktheater.me



NEW ON NETFLIX

May 11

Bordertown: Season 3
Have a Good Trip: Adventures in Psychedelics
Trial By Media

May 12

True: Terrific Tales
Unbreakable Kimmy Schmidt

May 13

The Wrong Missy

May 14

Riverdale: Season 4

May 15

Avatar: The Last Airbender Seasons 1-3
Chichipatos
District 9
I Love You, Stupid
Inhuman Resources
Magic for Humans: Season 3
She-Ra and the Princess of Power: Season 5
White Lines

May 16

La reina de Indias y el conquistador
Public Enemies
United 93

May 17

Soul Surfer

Junk Drawer: Catch-Up During Quarantine

Heidi: “Never Have I Ever”

From Mindy Kaling, “Never Have I Ever” focuses on Devi, an Indian-American teenager, as she traverses through the highs and lows of life. The best part of this show is how much Devi grows throughout the season; though you’re charmed by her, there are also some flaws that she is forced to work on. I love the themes of love and loss, and I think it’s important to see a coming-of-age of a person of color, because most content from this genre is overwhelmingly white. Devi’s relationship with her rival, Ben, is one of the best parts of the show. Both these teens are incredibly concerned with their grades, somewhat ostracized and struggle to find their way, which of course means that they form an unlikely friendship. There were times that I laughed and times where I cried, especially in scenes with Devi’s dad. The show is light, but has several deep insights to dealing with grief and loneliness.



“Super Mario 64” | nintendo.co.uk



“Community” | next-episode.net

Erika: “Doom”

“Doom” is a first person shooter produced in 2016 that follows a space marine (that’s you!) as they kill demonic forces from Hell, released by Union Aerospace Corporation. Buying this game on a whim, I was intrigued by the positive reviews on its graphics, soundtrack and gameplay. I was NOT disappointed. The music is particularly stunning, in that it really pumps you up for an epic fight. My favorite weapon is the chainsaw (yes, I said chainsaw) above any other. You get some nice grotesque close-ups and a ton of extra ammo. That’s my tip to you. Now, go check it out!

Anna: “Community”

I might be very late to the party on this one, but I cannot recommend this show enough, especially right now. If you do not know, “Community” is a comedy show that follows a “Breakfast Club-”esque study group through their adventures in community college. The creativity of the writers on this show is unparalleled, and if you have seen “Community,” I am sure you would agree. Of course, as is with many comedies, the first few seasons are better than the last, but it is totally worth it. With an odd but awesome cast of Donald Glover, Alison Brie, Joel McHale, Ken Jeong, Gillian Jacobs, Chevy Chase, Yvette Nicole Brown, Danny Pudi and Jim Rash, “Community” is the perfect show to binge.



“Doom” | roadtovr.com

“Parks and Rec” COVID-19 Episode

HEIDI SWANSON | ENTERTAINMENT EDITOR

Good news for everyone running out of things to do during quarantine! The “Parks and Rec” cast will be reuniting for a special coronavirus quarantine episode. According to a press release from NBC, the episode will raise money for Feeding America’s COVID-19 Response Fund. Amy Poehler, Nick Offerman, Aubrey Plaza, Rashida Jones, Adam Scott, Retta, Rob Lowe, Chris Pratt, Aziz Ansari and Jim O’Heir will return, along with “several guest stars from the Pawnee universe may pop in.” It aired on April 30 at 7:30 p.m.

The episode follows Leslie Knope as she tries to connect with her friends during social distancing, along with dealing with the government side of the current pandemic. The entire episode was filmed within each actor’s house. It

was interesting to see how they accomplished this feat; I don’t know of any show that has filmed an episode like this, without any of the

available resources usually provided on set. I think this is an unique opportunity for innovation for the show.

Michael Schur, the series’

creator and the episode’s director, said they are trying to help people. He said, “I sent a hopeful email to the cast and they all got back to me

within 45 minutes. Our old ‘Parks and Rec’ team has put together one more 30-minute slice of (quarantined) Pawnee life and we hope everyone enjoys it. And donates!” The charity that this episode benefited is Feeding America, which set up a COVID-19 fund in March to help provide resources for the most underprivileged people in the U.S. State Farm and Subaru of America made matching donations of 150,000 dollars each, and NBCUniversal and the writers, producers and cast of “Parks and Recreation” made matching donations of 500,000 dollars.

“Parks and Rec” has always been a feel good show, made up of incredibly funny and incredibly heartfelt moments, and this episode was no different.



Parks and Recreation | metro.co.uk

Athletes React to Postponed Olympics

SAVANNAH GRASS | SPORTS COLUMNIST

Talented athletes from all over the world have been preparing all of their lives. From playing the sport they love, to eating right and making sure that their training schedule is all in line, all of this is in hopes that they can one day make it to one of the world's biggest stages: The Olympics.

The Olympics are one of the most-watched events of the year by everyone all over the world. No matter what race, gender or ethnicity one may be, we all gather to watch the biggest athletes in the world compete for the ever so elusive gold medal. For these fans, the games served as one of the only remaining sporting events amidst the outbreak of the coronavirus in March.

However, the hope of keeping the international games on scheduled came to a halt late March when the Japanese Prime Minister and the Olympic Committee President decided to postpone the events for at least a year. Even more discouraging, Japanese medical experts have stated pessimistic views on if



Simon Biles | lowellsun.com

the Olympics will be even able to resume in 15 months given the trajectory of COVID-19. Yet, despite these reports, the Olympic games still believe that athletes will be able to compete in the coming year.

Even though the games have been postponed for the time being, most athletes are not upset that they have been moved but excited at the fact that they will have more time to prepare for when the games resume in the future.

British Diver Tom Daley said that his body

would feel the effects of being another year older, but the sacrifice was worth it to "help keep people safe". Dafne Schippers, a sprinter for the Netherlands, said that she was looking forward to competing at this year's games, but for now, she acknowledged that "we have to look at the bigger picture and do whatever it takes to beat the coronavirus."

A few other major track stars have said that they are disappointed that there will not be an Olympics this year, but they know it



UK Diver Tom Daley | zimbio.com

is for the best. Even though most athletes know this, some were planning on retiring next year like USA Gymnast Simone Biles, who will now need to train for another year. However, others are excited like USA Swimmer Lilly King, who is keeping positive and saying that it is just another year to train and improve

their event.

The Olympics being moved because of this pandemic has many effects both physically and mentally on athletes. Despite these effects, in the end, this was the right choice and athletes are keeping their spirits high as they look to next year to compete for the elusive medals.

Netflix Sports Series to Binge

GRAEME GALLAGHER | SPORTS EDITOR

Whilst in quarantine I have had ample time to procrastinate homework by continuously logging on to Netflix. As we all do, I spend probably the most time just sifting and scrolling through the menus as I try to decide on what to watch. Unsurprisingly and without any shame, I have finished multiple series while stuck at home such as "Peaky Blinders", "Skins" and "The Office."

However, these kinds of shows can only keep my attention for so long and, if you are like me, I am missing the entertainment of sports every single day. Ideally, I would be watching baseball every day, basketball playoffs, March Madness and so much more. Unfortunately, and for the betterment of so-

ciety, these have all been postponed and I am stuck with no sports to consume at all.

Yet, do not completely lose hope because you can get a little bit of your sports fix from a variety of shows and movies on Netflix. Of course, there are some classic sports movies on the site now such as "Space Jam", "Major League", and "42." But, if you are looking for some longer series, here are three sports-based shows that I would highly recommend.

1. "Formula 1: Drive to Survive"

I am a big fan of sports, but I have never gotten into racing. I do not think I have ever watched NASCAR unless it popped up on SportsCenter and I have

never been interested. So when this show's trailer continuously played for two weeks whenever I opened Netflix, I quickly scrolled down and skipped it. However, one day I let it play through as I was look-

Drive to Survive Cover | imdb.com



ing at something else. I immediately was hooked and started binging it.

The two-season Netflix show follows all the drama, excitement and developments of the 2018 and 2019 Formula 1 Season. If you do not know much about F1, which I did not, this show does a great job explaining the basics and also the ins and outs of what goes on with each team and driver.

What I liked most about the show is how they create and develop so many unique storylines. Each episode features a new driver, team manager, race or event in the F1 season that develops something new in the show. Often times, these storylines re-emerge later in the season and have an impact on the drivers and the teams. Ad-

ditionally, through their interviews with multiple drivers, you get to see the pressure and prestige that comes with being a driver. The constant stress to perform well paired with the immense politics within the F1 scene allows the viewer to get a sense of what these drivers undergo on a day-to-day season. There is so much drama and insight put into the episodes that it is difficult to try to sum up, you just have to watch for yourself.

As someone who had no clue about F1 before

SEE NETFLIX
Page 16 >

Senior Reflection: Graeme Gallagher

GRAEME GALLAGHER | SPORTS EDITOR

Earlier in the semester, I imagined writing this piece at the small, but cozy SNC Times office in Todd Wehr Hall and reminiscing about all the moments and memories that have stemmed from my time with the paper. Picturing when I first joined the paper, my first article and even all the stressful and terrifying times as one of the editors-in-chief, I could not help but get excited to write this self-reflection as my last work for the paper.

However, I am not in the Times office. I am not in Todd Wehr. I am not even on campus. Instead, and alongside everyone else, I am writing this final article from the comfort of my own home. This little vision of mine, of being in the Times office and writing, and many other expectations from others are now gone due to the extreme circumstances the world is facing today.

We can all agree that this is not how things were supposed to go. I, for one, can attest to how frustrating, disappointing and defeating it for this to end all of a sudden. It seemed as though we all said goodbye for spring break, but that was actually one of the last goodbyes as everything just simply ended for the time being.

Especially in this time of adversity, we must re-

member that things have ended so that they can start again in the future. It will be selflessness, patience and Google Hangouts/Zoom that will keep us going and help get the world back to normal.

The circumstances may have taken the physical aspects, such as the Times office, for the time being, but they have not taken my memories of the last four years with the school paper. With ample time on my hands, I have begun to reflect on what I have achieved at my time at St. Norbert and almost all of that can be attributed to the SNC Times.

I vividly remember coming into college with a declared communication major, but with no actual plan in mind. As the first semester went on smoothly, I began to miss playing sports as I did in high school. With this in mind, I picked up an issue of the Times and saw a sports headline on the front and immediately was hooked. I quickly applied and was hired as a sports writer with the motto: "If I'm not good enough to play sports, I'll just write about them."

From there, I quickly obtained my first byline in a winter sports preview and the rest is history. I continued to write throughout the year and became the sports editor in my sopho-



more year. From guidance from professors, editors and students, my writing continued to grow and is something that I am very proud of today. Without the experiences from the paper, I could not have held local internships with the Green Bay Bullfrogs and Green Bay Blizzard. Additionally, I would not have been able to get a job with the Green Bay Press-Gazette nor would I have studied media in Washington D.C. While I learned so much in all of these positions, I could not have got there if it were not for the skills I gained at the paper.

During my junior and senior year, I was fortunate enough to serve as one of the co-editors-in-chief and could not be more grateful for the opportunity. The experiences in producing my favorite product on campus and being heavily involved in that process was what I looked forward to every two weeks. There was no better feeling than leading an outstanding group of students in the goal of filling up 16 phenomenal pages. It gave me great pride to see the finished product around campus and I will miss that greatly. Without this position, I would not have been able to meet and interact with so many campus staff and faculty, as well as incredible students.

Speaking of our outstanding staff, I am incredibly thankful for everyone student I have worked with on the paper and I am un-

doubtedly excited for the future of the paper. I have no doubt that the paper will continue to grow, improve and produce important content for the campus community in the years to come. To put it simply, if you are a student reading this and are not on the paper, please join. You will gain so much knowledge, skills and infor-

There is no world in which I could imagine accomplishing what I have done with that first decision to join the paper.

It pains me that this is my last article and the last issue that I will take part of. I wish that it would have ended more ceremonially or at least with a physical copy in my hand (this one



mation that will benefit you in the near and long-term future. The SNC Times is a great place to grow your passion and to do important work, even if you are not interested in journalism or writing. Everybody needs to know how to gather, sort and deliver information and this is a great place to start.

I owe so much to the SNC Times for the spectacular moments in my life.

will be only online). Yet, I am unable to stay sad for long because I am proud of all that the paper has done over the last four years. Weirdly enough, this article will go into the sports section as I have worked on these last three pages for the last four years. Thank you so much St. Norbert College and the St. Norbert Times, I can not wait to see what comes next.



Baseball’s “Arizona Plan”

GRAEME GALLAGHER | SPORTS EDITOR

It has now been over a month since opening day was scheduled to happen and major league baseball has been trying their hardest to develop a scenario in which the season could resume in the midst of the ongoing pandemic.

The baseball season was officially suspended on March 12, with opening day scheduled for March 26, and MLB has said that they would not reopen until mid-May at the earliest.

In the meantime, MLB and the player’s union have been developing contingency plans and ways in which the season can be played out. The most prominent plan so far, deemed as the “Arizona Plan,” would have all 30 teams playing in empty stadiums around the Pheonix area. Originally reported on by the Associated Press earlier this month, the current plan would have teams play in ten spring training facilities and the Diamondback’s Chase Field, all of which are within a 50-mile radius.

Under the plan, no fans

would be able to attend the games and the players, coaches and umpires would all be quarantined in local hotels. Additionally, players would have to adhere to social distancing as much as possible during the game which has speculated ideas of an automated strike zone and players sitting in the stands rather than the dugout.

After news of the plan broke, MLB spoke on how they have considered “numerous contingency plans” and that no details were finalized. However, a report by Jeff Pasan a week later indicated that it would be Arizona or “bust.” Additionally, Pasan suggested that this would be most likely of all the plans and that it be a temporary state of affairs as teams would try to transition to their home cities based on coronavirus developments.

As there have been no further updates on the plan, pessimism has been growing as the shutdown continues to move on. However, MLB Commissioner Rob

Manfred and Washington Nationals GM Mike Rizzo are optimistic that the season will resume.

In a report by the Associated Press, Rizzo stated his belief that “we will have baseball in 2020.”

While we all need baseball to return, especially in these hard times, we must first consider if we want it to return in the place. It is hard for me to say, as someone who loves baseball more than anyone, I do not believe it would be worth it or enjoyable to run the season in this manner.

Firstly, and let’s be real, there is no chance that each team will play 162 games. By the time this plan would even start, it would be too tough to cram in every game. Not to mention, if players will have to return, they will need another period like spring training to get ready for the season. This is especially because they have been stuck in quarantine for the last month and will need to get ready once again. It will be too hard to fit all the games in and I

am a firm believer that each game matters.

Secondly, we have to consider how the games will be played and the surrounding atmosphere. Would the game really be the same if we had an automated and electronic strike zone? Would it be the same if the players have to sit in the stands instead of the comradery of sitting in the dugout? Also, and most importantly, is it really enjoyable if their are no fans in the crowd at all? Baseball players feed off the energy of the crowd and need that to play the best. Imagine a quiet stadium, with no energy and no fans. It is hard to love that game like have grown accustomed to.

Lastly, and most importantly, we have to think about if starting the season is safe and appropriate given the ongoing pandemic. This is a very delicate situation and all precautions must be taken or else we may never have baseball again. For people like the commissioner and

GM Mike Rizzo, why are we rushing this when lives are at stake? Well, the obvious answer is money. Of course, the commissioner and GMs want the games to start as soon as possible because they are the ones losing the most financially. However, money is not important if we spread the virus even more and make us wait longer. We all have to be patient now and play the long game so that we can start baseball as soon as we can.

Overall, I think that baseball should just wait for next season. It will be difficult to get players ready, to get the league ready and to get fans ready. Also, it will just not be the same with empty crowds and automated strike zones. But, we must be patient because we do not want to make the situation worse or start too early when the pandemic can still spread. I love baseball enough to recognize that we might and should just wait another year.

> NETFLIX Page 14

watching the show, I highly recommend this series. It showcases the effort and pressure that F1 produces every weekend and I can honestly say that I a legit fan now because of the show. Rest assured that I will be watching the next F1 season when it all comes back.

2. “Sunderland ‘Til I Die”

Similar to the previous show, this show has two seasons that follow the English soccer (I am going to say football for the rest of this because it’s correct, beware) club Sunderland in 2018 and 2019. If you do not know much about football in England, there are four leagues or tiers in which teams play. The top is the Premier League and then below is the Championship, League One and League Two. The show explains this well, but Sunderland has a rich history of success in the top league and at the start of the show,



Sunderland ‘Til I Die | rokerreport.com

they have been relegated into the league below. For the next two seasons, the show covers the successes and failures of the entire team with interviews and behind the scenes shots of the players, coaches, team management and fans.

Unlike F1, I am a huge fan of football and know a lot about the pressure a club has to succeed. If you do not know much about football and how important it is, this is a great and entertaining place to start. There are so many amazing parts of this show, but my favorite is the emphasis on how important football is for the people of Sunderland. The show does a great job of explaining the culture of Sun-

derland and how the team’s success directly affects the people of the port city. While this just focuses on Sunderland’s fans, I think that this reliance on success is similar to how every football club is regarded in England. Each town and city have their team which represents their culture and their success. Of course, this comes with a ton of pressure, which makes every game so entertaining and critical.

If you want to know more about how a football club is run from the top to the bottom, give this show a chance. If you are fan of football, then give this show a chance as well. It has moments of magic,

drama, heartbreak and happiness. It will keep you entertained, trust me!

3. “The English Game”

If you did not guess that I am a fan of football, then here is another hint and the last show I have for you. “The English Game” has only one season but is based on the true story of the first professional footballer in England. More importantly, the show covers the development of football in the country. In its early stages, football was mostly played by just the wealthy and the upper-class. However, the game began to change when the working-class began to play and to challenge the wealthy in games.

That is where the show starts with the story of Fergus Suter, who makes his way from Scotland to play for the English team of Darwen. Suter was the first player to be paid to play football and immediately changes how the team plays with his talent and strategies. Alongside Fergus,

the show covers the story of Arthur Kinnaird, who is part of the wealthy class and plays in the best team at the time. Morally, the show covers the discrepancies between rich and poor at the time, and how these two men changed the landscape of football to what it is today.

I hope that you check out this show as well as the other ones that I recommended. They are all very entertaining and can help you pass the time as we all in quarantine. Additionally, they may even help you forget, even just for a moment, that there are no sports on at the moment.

