

St. Norbert College

Digital Commons @ St. Norbert College

Parent E-News Archives

Office of Communications

Fall 2017

Relationship Know-How for Roommates

Carol Bruess

Follow this and additional works at: https://digitalcommons.snc.edu/parent_ews

Recommended Citation

Bruess, Carol, "Relationship Know-How for Roommates" (2017). *Parent E-News Archives*. 111.
https://digitalcommons.snc.edu/parent_ews/111

This Article is brought to you for free and open access by the Office of Communications at Digital Commons @ St. Norbert College. It has been accepted for inclusion in Parent E-News Archives by an authorized administrator of Digital Commons @ St. Norbert College. For more information, please contact sarah.titus@snc.edu.



[Mobile Menu Icon](#)

Academics Admission Campus Life Living Norbertine Athletics About



Carol Bruess '90 is an SNC alum and recently-retired professor of communication and journalism at the University of St. Thomas in Minnesota.

Wisconsin's Top-ranked Catholic College | St. Norbert College

St. Norbert: The Man, the Movement, the MOOC

St. Norbert College Bookstore

A to Z Index

Youth Orchestra

Next Stage

Cascade data

BOLD Camp

College Jumpstart

Bush Art Center Galleries

Ticket Office

St. Norbert College Parish

Relationship Know-How for Roommates

Carol Bruess '90 is a sought-after expert in interpersonal relationships – and son Tony shows every sign of having inherited his mother's skill.

Carol and Tony – wife and son of new president Brian Bruess '90 – recently joined forces for a roommate-relationships episode of the CBS/WCCO-TV show "Relationship Reboot," where they discussed topics related to creating and maintaining healthy relationships. It was the second mom-and-son episode of the weekly show, on which Carol appears regularly as a subject expert with her colleague Kirsten Lind Seal.

Also In This Issue

- St. Norbert Inside and Out Eating Disorders: What Every Parent Needs to Know
- Relationship Know-How for Roommates Campus Still Lively in January
- Photo Gallery: SNC Day / Family Weekend Quiz Time!

Upcoming Events

Thanksgiving Vacation
Nov. 22-26

Final Exams
Dec. 11-15

J-Term Begins
Jan. 3, 2018

Spring Semester Begins



Early College Credit Program
Children's Center
Parents
Alumni
News
Admission
About
Conference & Event Planning
Search
Master of Theological Studies
Music Theatre
_internal2
assets3
inside
Master of Arts in Liberal Studies
assets2
Living Norbertine
Business & Local Community
Dudley Birder Chorale
GLAD Camp
Summer Stage
The Saint John's Bible
SNCTalks
College Catalog

Carol, a professor of communication and journalism, is newly retired from the University of St. Thomas where she was director of the family studies program. On “Relationship Reboot” with Seal – and in many other arenas – she explores topics related to creating and maintaining healthy relationships. The author of six books, Carol earned a B.A. in art at SNC, then her M.A. and Ph.D. from Ohio University’s School of Interpersonal Communication. Much of her professional life is devoted to helping couples and families communicate in a healthy manner.

On a personal level, St. Norbert’s first alumna “first lady” proclaims on her website her love of caramel corn, vintage fabric, Japanese gardens, tandem bikes, strong gin-and-tonics and family meals. “Oh, and talking. A lot.”

Carol and Brian have two children. Tony is a computer science major at Stanford University and Gracie is a high school senior.

Jan. 22, 2018

Spring Break
March 10-18

[Green Knights Athletics Schedule](#)

Things You Need to Know

Wellness Works

There’s a new, allergen-friendly station in the cafeteria.

Early FAFSA Filing

You can file the FAFSA for the 2018-19 school year now using information from your 2016 tax returns.

Tech Bar

Students can be assisted with computer issues, plus receive skills training, at SNC’s new Tech Bar.



St. Norbert College

100 Grant Street
De Pere, WI 54115
920-337-3181
[Map & Directions](#)

[Contact Us](#)

[Careers](#)

[Library](#)

[News](#)

[Events](#)

[Box Office](#)

[Undergraduate](#)

[Graduate](#)

[Schneider School
of Business &
Economics](#)

